

# A Review of Personalized Education Based on Machine Learning

Zhijia Li<sup>1,\*</sup>

Foshan No.3 middle school, China

\*Corresponding author: cqckdcm@tzc.edu.cn

## Abstract:

Personalized education aims to meet the individual needs of each learner through tailored learning paths. Recent research has shown that the personalization of education and the online learning experience can be effectively enhanced through the use of supervised machine learning techniques and other machine learning approaches, which will not only provide personalized learning advice and resources but also highlight the importance of ensuring data security, algorithmic fairness, and transparency when implementing these techniques. In this paper, existing systematic reviews are integrated and updated through analyzing latest papers and classify their solution to the challenges in the educational field.

**Keywords:** Machine learning; personalized education, data security.

## 1. Introduction

In recent years, personalized education has become a hot topic in education due to its ability to provide tailored instruction based on each student's unique needs, interests, and learning pace. With the rapid development of artificial intelligence (AI), there has been a growing interest in using AI in personalized education. Montebello [1] highlights that by integrating machine learning techniques, especially deep learning, and interpretable AI, it is possible to provide a highly personalized educational experience in virtual learning environments, which not only improves learner engagement but also receives positive feedback from educators.

On the other hand, Maghsudi et al [2]. explored the use of AI/ML technologies in personalized education and how learners' past behavioral experiences and big data analytics can be used to accurately capture students' characteristics in order to recommend the most appropriate content, design long-term lesson plans, and conduct accurate performance assessments. However, while technological advances offer new perspectives on personalized education, there are still many unexplored aspects, such as how to compensate for the negative effects of peer absence, how to create and maintain motivation for learning, how to increase diversity, and how to eliminate biases introduced by data and algorithms. Over the years, there are several systematic studies summarizing personalized education method using machine learning, but the problem is that those studies tends to be not up-to-date since more researches have been done and more studies have arisen.

Therefore, in this paper, it aims to integrate the summaries and update them through a careful analysis on the latest researches, which might give a new insight or reveal a new path on the problem that is currently existing in education industry.

Through this study, we expect to provide valuable insights and guidelines for advancing the development of personalized education technologies to further improve the quality of education and the learning experience of students.

## 2. Previous summaries

The advent of machine learning (ML) and artificial intelligence (AI) has significantly transformed various sectors, with education standing out as a prime beneficiary. Personalized education, tailored to individual learning needs, styles, and pace, has been identified as a key area where these technologies can make a profound impact. This paper reviews systematic studies that explore the integration of ML in personalized education, highlighting the methodologies, outcomes, and future directions suggested by recent research.

Personalized learning systems leverage ML to analyze educational data at scale, thereby identifying patterns that can enhance learning outcomes. The promise of these systems lies in their ability to adapt educational content to the needs of individual learners, thereby optimizing learning processes and improving academic performance. Recent systematic reviews and research papers offer valuable insights into how ML models are being employed to forecast and enhance student performance, refine educational content, and tailor learning experiences.

One significant contribution to this field is the study by Balaji et al. [3], which systematically reviews the application of various ML models in predicting student academic performance. The study discusses the benefits to educational institutions and learners, highlighting how such predictive capabilities can aid in academic planning and personalized course recommendations. However, the review also underscores the nascent stage of these applications, calling for more rigorous and expansive research to solidify findings and enhance applicability.

Similarly, Kurilovas [4] explores the use of artificial neural networks (ANNs) in personalizing educational content. ANNs are adept at processing large datasets and adapting to new information, which makes them suitable for applications in dynamic learning environments. This review points out the effective use of ANNs in various educational tasks such as predicting student success and instructional effectiveness. Yet, the study also indicates that ANNs are underutilized in directly personalizing learning according to individual student needs, suggesting a gap that future research could address.

Moreover, Essa et al. [5] present a systematic literature review focusing on personalized adaptive learning technologies that use ML techniques to identify learning styles automatically. This study not only discusses the current applications but also examines the gaps and emerging trends in the field. The findings reveal an increasing interest in using deep learning methods to classify learning styles, providing a more adaptive learning environment. However, there is a noted lack of comparative studies on the effectiveness of these methods, which is critical for advancing the field.

These reviews illustrate a growing interest in using ML to enhance personalized education but also highlight significant challenges such as the need for standardized datasets, more comprehensive studies, and the development of ethical guidelines to manage data privacy and bias. The ongoing evolution of ML technologies presents a promising future for personalized education, provided that these challenges are addressed. This paper aims to synthesize these findings, offering a roadmap for future research and practical implementation of ML in educational settings. To be specific, all the similarities are listed below.

Many studies, including those by Balaji et al. and Kurilovas, have demonstrated that ML models can effectively predict academic outcomes such as student performance, dropout rates, and course success. These predictive insights are crucial for developing targeted interventions and supporting at-risk students. Essa et al. specifically highlight the use of artificial neural networks and other advanced ML techniques to map learning styles to educational content dynamically, which can significantly en-

hance learning personalization.

The application of ML facilitates the creation of adaptive learning systems that can adjust content, difficulty level, and learning paths in real-time based on the learner's progress and preferences. This adaptability is seen as key to optimizing learning efficiency and engagement. The review by Kurilovas points out that while ANNs are used to support various educational functions, their full potential in directly personalizing learning experiences to individual needs is yet to be fully exploited.

A recurring concern across these studies is the lack of standardized datasets and benchmarks, which complicates the task of comparing different ML approaches and generalizing findings across different educational settings. Balaji et al. specifically call for the development of benchmark datasets to support more robust and comparable ML research in education.

Essa et al. also emphasize the need for more comparative studies to evaluate the effectiveness of different ML techniques in identifying and adapting to various learning styles.

Several reviews raise concerns about the ethical implications of using ML in education, such as privacy issues, data security, and the potential for bias in automated decisions. These ethical considerations are crucial for ensuring that ML-enhanced education systems are fair, transparent, and beneficial to all students.

The systematic review by Balaji et al. suggests that alongside technological advancements, there should be a concurrent development of ethical guidelines and standards to govern the use of ML in educational settings.

Despite the promising developments, there is a consensus on the need for more empirical research to validate the effectiveness of ML techniques in personalized education. This includes longitudinal studies to track the long-term impacts of personalized learning interventions and more in-depth analyses to understand how different variables influence learning outcomes.

The studies underscore the importance of future research focusing on the integration of ML into practical teaching and learning environments, with a particular emphasis on real-world applicability and scalability.

### 3. Other Research Works

The study by Abulhaija et al. [6], utilizes machine learning techniques to predict student performance at Princess Sumaya University for Technology using a real dataset. It found that Random Forest and Decision Trees were better predictors compared to other models, highlighting the effectiveness of these methods in educational settings.

The literature review by Saadia Gutta Essa [7], is con-

ducted with an emphasis on the use of AI approaches in personalized adaptive education systems to enhance e-learning by dynamically matching learning styles to students' behavioral attributes through machine learning algorithms.

The bibliometric analysis by Tahiru et al. [8], reviews the present state and trends in predictive systems in higher education, addressing the research contribution of various countries and highlighting the lack of research in Africa. It suggests future research collaborations on a larger scale and additional research on the implementation of these systems.

## 4. Conclusion

Through a comprehensive analysis of the latest research on personalized education in the age of artificial intelligence (AI), this paper explores existing challenges and the implications of their solutions. Our review shows that despite the widespread adoption of the concept of personalized education worldwide, it still faces a number of challenges in its practical application, such as compensating for the negative effects of peer absence, maintaining motivation to learn, increasing diversity, and eliminating biases introduced by data and algorithms.

Although current research has made some progress, the existing literature is not that complete and up-to-date. Therefore, this paper systematically describes the development of personalized education supported by AI and machine learning technologies, the existing challenges, and their solutions. We emphasize that in order to realize the potential benefits of these technologies, educators, researchers, and technology developers need to work closely together to ensure that the technologies employed both meet the individual needs of learners and overcome the ethical and practical challenges that may arise in the implementation of personalized education.

Future research should continue to explore the use of machine learning and artificial intelligence technologies in education, in particular how to effectively address the chal-

lenges of personalized education while ensuring that all learners benefit. In addition, more research should focus on the development of new technologies and approaches to further improve the adaptability and personalization of education systems to provide learners with richer and more effective learning experiences. Such integrated research and practice will drive the overall development of personalized education from theory to practice.

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